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Introducing ARCH: RDA's strategy to advance health in Rosedale

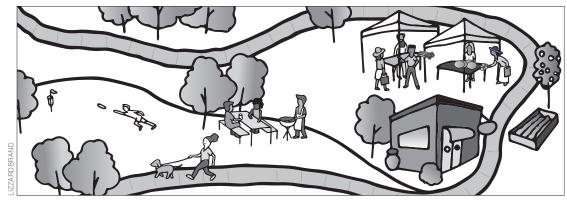
bv Alissa Workman

In the past ten years, Rosedale Development Association, through the Rosedale Healthy Kids program, has brought the Rosedale Farmers Market to Rosedale; organized dozens of health-focused community events; provided 42 healthy after-school and summer programs to youth; advocated successfully for infrastructure improvements, including four miles of walking and biking trails, new sidewalks, bicycle lanes, new soccer goals for two elementary schools, a new water fountain and playground

at Fisher Park; and more. While these efforts have brought positive changes to Rosedale's four-square mile community. RDA realizes more needs to be done to address the varied factors impacting neighborhood health.

So in late 2018, RDA launched the Advancing Rosedale Community Health project, or ARCH, a comprehensive strategy where programs build community for all ages, neighbors advocate for quality development, and people grow with their neighborhood. ARCH combines programs, advocacy, community service, and civic engagement to not only meet the needs of Rosedalians, but also build a network of wellinformed residents who are passionate about their community and equipped with the knowledge and tools for making positive changes within it. RDA knows building com-

munity health in Rosedale will take time and cannot be



accomplished without strategic support. Large regional funders such as Health Forward Foundation, the Unified Government/Hollywood Casino Fund, and Kansas Health Foundation have provided instrumental funding to get the ARCH project started. Now

Now recruiting community-minded A-team members

by Je T'aime Taylor

RDA has a legacy of Ameri-Corps or "A-team" members serving Rosedalians. Ameri-Corps is a part of the Kansas Volunteer Commission (KVC) and the Corporation for National and Community Service (CNCS), whose mission is to "support the American culture of citizenship, service, and responsibility." This September, RDA may train up to eight Ateam members to beautify the neighborhood through caring for green spaces like gardens and trails; repairing homes for senior and low-income Rosedalians; leading youth programs; and building community through neighborhood events.

Good Neighbor

Brian & Kelly's Lawn Care serves Rosedalians

by Kimberly Hunter

"Know Yourself, Know Your Community" is the motto of Livable Neighborhood's Good Neighbor training, held each fourth Monday from 5:30-7:30 p.m. at the Neighborhood Resource Center at 4953 State Ave., KCK, Over the summer, two Rosedale youth modeled this motto by matching their skills with a community need.

The boys' venture began with the "business" of mowing "the Triangle," a public green space located along Southwest Blvd., near the Mission Rd. and I-35 exits. Years ago, Phil Gardos, another Rosedalian and Good Neighbor, planted and maintained the area with irises, rose bushes, and flowering native plants. After Gardos passed, RDA staff and volunteers have maintained the green space in his honor. But this summer, RDA tried a new approach. Two young neighbors – Brian Musick

and Kelly Kilpatrick – were looking for summer work, so RDA asked them to mow the Triangle. They accepted, and "Brian & Kelly's Lawn Care" was born.

Soon after, other individuals and businesses requested mowing services from the young men. This led to business cards, social media shares, and even more demand for their help. Now the boys are returning to school with a summer work experience they will long remember. If neighbors keep an eye out on evenings and weekends, they may still spot Brian and Kelly rolling through Rosedale on their bicycle with a sturdy push mower in tow. To request lawn care, neighbors may call Brian at 913-236-8546 or Kelly at 913-963-4726.

As youth often teach Rosedale's grownups, building a thriving environment takes everyone's help. But sometimes challenges feel



Neighbors Brian Musick and Kelly Kilpatrick launch a local lawn care service.

daunting if one does not know where to start, so the Good Neighbor training helps residents understand how the Unified Government and partners are addressing issues affecting communities and how to get involved and make

a difference locally. Trainings provide a light dinner and focus on a different department or program within the UG.

To learn more, contact Livable Neighborhoods at (913) 573-8737.

ROSEDALE DEVELOPMENT ASSOCIATION NEWSLETTER

RDA seeks donations from the community to further its mission and support collaborative work in Rosedale. By working together, RDA is confident Rosedale will continue to grow into a community that serves the needs of all within it. To donate toward RDA's work in

Rosedale, visit www.rosedale. org/donate or mail your donation to: 1403 Southwest Boulevard; Kansas City, KS 66103.

For questions about your gift's impact, contact Alissa at 913-677-5097 or alissa@ rosedale.org.

RDA seeks individuals who are passionate about the Rosedale community and committed to service. Applicants who are bilingual and have experience with home repair, gardening, bike repair, youth mentorship, and/or trail-building receive special consideration. Requirements include being a U.S. Citizen or Permanent Resident Alien, at least 18 years of age, and able to verify some college or work history.

Half-time members receive a bi-weekly living allowance of \$250 and a Segal Education Award of \$3,047.50. Service begins September 3, 2019 and ends August 31, 2020.



AmeriCorps member Jason McGee sorts food donations for the Feed-a-Family drive.

To apply, email résumé and cover letter to jetaime@ rosedale.org or visit rosedale. org/careers.

Parks offer fun ways for all ages to stay active, together!

by Erin Stryka

Long days of playing outside are ending as students and teachers prepare to head back to their classrooms. but Rosedalians can still stay active at Fisher and Rosedale Parks through two new programs: Walk with a Doc and tennis lessons.

Walk with a Doc. a national program that is new to Rosedale, recently grew out of the former Fisher Park Walking Club. The program had their first successful walk in mid June with about 20 participants. That Saturday morning, KU Med Center students and healthcare professionals delivered an educational session, provided coaching, and had great conversations with community members! To join this free, fun, walking program, meet friends and neighbors at Fisher Park Saturday, August 24, from 10-11 a.m. (Sign in a 9:45. The August topic is nutrition.)

Ready to try something new? How about a tennis lesson? Coach Stan Jefferson may be a new Rosedale resident, but he is a veteran tennis



Left to right: Neighbors Rachel Hostetler, Debbie and Jerry Sullivan, Jim Needham, and Lily Greer were dedicated members of the 2016 Fisher Park Walking Club.

instructor. And he is offering tennis lessons at Rosedale Park for youth aged 6-16 for \$5-10/lesson, depending on class size. One-hour lessons teach the form and function of tennis, with emphasis on tennis rules, court etiquette, health benefits, and having fun.

"I'm passionate about coaching because it opens the door to scholarships." says Coach Stan. "Title IX

made it possible for many more kids to get scholarships in sports besides football. Tennis is often overlooked, but universities are often looking for tennis players, especially female players. It's the sport of a lifetime, and it can offer a lot of opportunities."

To learn more or sign up for tennis, call Coach Stan at 619-770-7187.

Summer Youth Employment equips its 21st cohort

by Je T'aime Taylor

Summer is ending, youth are returning to school, and RDA's 21st year of Summer Youth Employment (SYE) has culminated. This year 22 Rosedale youth applied to join the program and start building their résumés, and ten earned graduation by working at a Rosedale business. The 2019 SYE cohort had a very productive summer, together completing over 1,000 work hours and 25 training hours.

In addition to working with area businesses, Lunch & Learn sessions were held each Friday at the RDA office, where the youth learned new skills and discussed their positions and progress. Guest speakers taught various skills, from learning styles assessments to money management, crafting elevator speeches, accessing



AmeriCorps member Victor Michimani assists SYEer with money management workshop provided by Bank Midwest.

opportunities, writing résumés, and tackling interviews. Youth ended the program with a mock interview, which served as a chance to apply all the tools they had gathered through the summer.

Finally, August 1 each youth received a completion certificate during a celebratory barbecue. Diamond Elias-Brown and Zoe Hobbs, two of the youth who participated in the program, shared their experiences with those in attendance. Karina Ricon, who worked at Omega Door and Hardware, says of the program, "I had a chance to work with my peers at the Lunch & Learns as well as adults at my job. It was weird working with adults, but after a while I realized I could do the same work as they could." We are grateful to our business partners, guest speakers, and the Board of Public Utilities for their support of the program.

To learn more, contact Je *T'aime Taylor at 913-677-5097* or jetaime@rosedale.org.

RDA Board welcomes Ellie and Valorie

by Erin Stryka

Welcome to the two newest members of the RDA Board. Valorie Wells Fenton joined in April. She is a professional hypnotherapist, an active participant in the Spring Vallev Neighborhood Association, and a frequent volunteer with RDA's Reading Inspirational Stories to Empower (RISE) program.



Valorie Wells Fenton

Ellie Haire, who recently purchased a Rosedale home after years of renting, is an experienced marketing and events coordinator. "My service so far has been based in other communities," Ellie said, "and now I would like to turn my attention to my own community." Welcome, Valorie and Ellie!



Ellie Haire

To learn more, contact Erin Strvka at 913-677-5097 or erin@rosedale.org.

Community Calendar

ONETIME EVENTS: Saturdav. August 17 **Rummage Sale & BBQ Competition**

8 a.m., 4153 Rainbow Blvd, KCK Saturday, August 24 Walk with a Doc 10 a.m., Fisher Park. KCK

Sunday, September 8 **Neighborhood Foodie Fest**

12 p.m., 47th Ave. and Mission Rd., KCK **RECURRING EVENTS:** Every Sunday **Rosedale Farmers Market**

9 a.m.-1 p.m., 4020 Rainbow Blvd, KCK **Mobile Library**

Every other Monday 10-11 a.m., Rainbow Head Start 1444 Southwest Blvd., KCK

Every other Tuesday 2:30-4:30 p.m., Rosedale Towers 2314 W 39th Ave., KCK

Every other Wednesday 2:30-4:30 p.m., Bellrose Manor 2924 W 40th Ter., KCK

First Mondavs **Hilltop Neighborhood** 6 p.m., 1401 Southwest Blvd., KCK

Fourth Mondavs **Good Neighbor Training**

5:30 p.m., 4953 State Ave., KCK Second Tuesdavs

Frank Rushton Neighborhood 6:30 p.m., 4326 Lloyd St., KCK

Second Wednesdavs **Shawnee Road Neighorhood** 7 p.m., 818 Shawnee Rd., KCK

Third Wednesdays **Rosedale Leadership Council** 5:30 p.m., 1401 Southwest Blvd., KCK

Fourth Thursdays Livable Neighborhoods 8:30 a.m., 4953 State Ave., KCK

To learn more about upcoming events and other community happenings, visit rosedale.org or call 913-677-5097.

Rosedale Development Association

Our mission is to work with residents. businesses, and institutions to develop a thriving Rosedale community. 1403 Southwest Blvd. Kansas City, KS 66103 Phone: 913-677-5097 Fax: 913-677-3437 Email: info@rosedale.org Hours: Monday-Friday, 9 a.m.-5 p.m. Erin Stryka Executive Director Kimberly Hunter Editor **Staff and Board of Directors** online at rosedale.org Lizzardbrand Design/illustration Facebook.com/RosedaleDevelopment

Twitter.com/RosedaleDA

Rosedale.org

OR contribute online at rosedale.org/archclub.

Coordinating Rainbow Summer Program for 100 scholars

By Samanthe Burton-Bosket

This June and July, RDA partnered with Sharing Communities Rosedale (SCR) and Rainbow Mennonite Church (RMC) to provide Rainbow Summer Program (RSP), a reading, financial literacy, and wellness-focused six-week program for 100 scholars who have completed grades K-8. SCR has been serving Rosedale since 1977, and for the past 13 years has worked with RMC to host the summer program, which is so popular it usually has a waitlist within one week of open enrollment. RSP's curriculum offers youth hands-on learning; each afternoon, scholars participate in cooking, gardening, entrepreneurship, and sports clinics. This year, scholars participated in Financial Beginnings and learned money management through activities like budget games and differentiat-

ing between wants and needs. During one "Mini Society" activity, they created, marketed, and sold products while identify-

ing the costs of owning and operating a business. Scholars also learned how to harvest potatoes and onions and took home their produce. Over the course of the program, scholars attended four field trips to Kansas City Community Gardens, Burr Oaks Discoverv Center, Johnson County Museum, and Kemper Museum

Let's be rock solid together! Please accept my donation in support of RDA.

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Preferred phone

Email address



Second and third grade scholars in Josh Ellerman's class craft Cooperation Contracts during their first week together.

of Art. Each day, classroom facilitators innovatively engaged scholars via personal stories and skills. For example, one facilitator named JeKayla Curtis scholars advanced themselves offered gymnastics classes, while Keith Andrews modeled magic card tricks and Joe Lemna coached double Dutch and other jump rope tricks. Among other benefits, RSP helps prevent summer reading loss by engaging scholars in a variety of reading comprehension activities. For example, to better understand book settings and characters, scholars wrote about how characters might react in different situations and created their own knighting ceremonies.

munity gathered to support scholars with backpacks as a reward for the hard work that led to their graduation. But not only educationally but socially as well. They maintained and created new friendships, cultivated a love of biospheres. used karaoke to overcome public speaking fears, helped each other understand why positivity is important, and helped others when they needed it most. RSP is dedicated to creating an environment where scholars can learn through hard work while having hands-on fun.

To share a memory, contact At summer's end, the com- Kimberly Hunter at 913-677-5097.

Name of business or name of household

