

RETURN SERVICE REQUESTED



# THE ROSEDALLIAN

ROSEDALE DEVELOPMENT ASSOCIATION NEWSLETTER

## Community Spotlight

### Kansas City Direct Primary Care to host free health fair

By Allison Edwards

Kansas City Direct Primary Care, one of Rosedale's newest businesses, will host a free health fair from 11 a.m. to 2 p.m. on Saturday, May 13 at 2016 W 43rd Ave., Suite A, KCK, 66103. The fair is co-hosted by Chard in Charge and Street Smart Nutrition.

This family-friendly event, featuring several local nonprofits and businesses, will offer a mix of free screening activities and resources for attendees.

BikeWalkKC will host a free helmet giveaway and provide tips for biking and pedestrian safety. Radiant Life Project, a nonprofit, donation-based yoga studio will be showcasing their spring schedule. RDA will be in attendance to highlight summer activities in the community. Rosedale Farmers Mar-

ket will share information about their market, which officially opens on Sunday, May 14. Hen House Pharmacy will be on hand screening for high blood pressure and offering vouchers for free produce at select locations.

Cara Harbstreet of Street Smart Nutrition and Dianna Sinni Dillon of Chard in Charge, will offer a medley of recipe ideas, food samples, and basic tips for nutrition.

"We're super excited to get to know the local Rosedale community better and to work together to empower healthier people," Dillon said.

**i** To learn more about the health fair, call (913) 730-0331 or email [info@kansascitydirectprimarycare.com](mailto:info@kansascitydirectprimarycare.com).



**Dr. Allison Edwards of Kansas City Direct Primary Care to welcome the community to her space for the Spring into Health Fair on May 13.**

### Rosedale to celebrate National Bike Month this May

By Andrea Steere

May is National Bike Month, which means that Rosedallians of all ages will be celebrating bicycling this month. Thanks to Rosedale Development Association's partnership with BikeWalkKC, Rosedale residents get three chances to show their love of bikes.

Rosedale's Bike Month celebration kicks off with Frank Rushton Elementary at its annual Bike Rodeo on Wednesday, May 10. Frank Rushton students will learn bike safety skills by riding through obstacle courses and other activities. Everyone who completes each station in the rodeo will be entered to win various prizes — including a new bike!

On Tuesday, May 9, RDA and BikeWalkKC will host a special Earn-a-Bike program for adults. Community members will join us to learn bicycle mechanics and safety skills in order to earn their very own bike. The class has already filled up, but we would love to hear from you if you would like to attend another session.

And what would Bike Month be without RDA's annual Bike-In Movie? Thanks to your votes, this year we will show 1984's "The Karate Kid" on May 25 at the Boulevard Drive-In. Games, activities, and community resource tables will open at 7 p.m. and the movie will start around 9

p.m., or whenever it gets dark. The Bike-In is free to attend for cyclists and pedestrians, but all those arriving by motorized vehicle are asked to give a \$5 donation.

Other Bike Month Events:

#### Life is a Cycle bike tour of Kansas City, Kansas

The 7 mile tour of KCK, hosted by the 20/20/20 Movement and the Parks and Recreation Department, has been postponed due to weather. The ride was originally scheduled for May 1 at 6 p.m.

**i** To learn more and to view updates, visit [facebook.com/202020movement/](https://www.facebook.com/202020movement/).

#### 4th Annual Family 101 5K Bike/Run/Walk

Join the NBC Community Development Corporation for



**Frank Rushton Elementary students learn bike safety skills during National Bike Month.**

their annual 5K to promote community unity from 8 a.m. to 2 p.m. on May 20.

**i** To learn more and register, visit [nbccdc.org](http://nbccdc.org).

### RDA hosts the Rosedale Disc de Triomphe tournament

By Alissa Workman

On Saturday, May 6 RDA, in partnership with Dynamic Discs, held our first-ever disc golf tournament and fundraiser at Rosedale Park. The park is known across the region as one of the best places for disc golf, and we are excited to have hosted a tournament highlighting this Rosedale gem.

Sponsors for the event included Dynamic Discs, the University of Kansas Health System, West Plaza Tomato Company, Lulu's Thai Noodle

Shop, NorthWood Liquor, MKS Pipe & Valve Co., and RampUp Labor.

Players competed in teams of two for the opportunity to win prizes from local favorites such as Carmen's Café, QuikTrip, Charlie Hustle, 1889 Pizza Napoletana, and more! All registered players received disc golf bags from Dynamic Discs, which included three event discs and an RDA water bottle. Players also received breakfast and snacks, thanks

to Einstein Brothers Bagels and Price Chopper.

Proceeds from the tournament will benefit RDA's work to build a strong and healthy community, and to improve the quality of life in Rosedale.

**i** To learn more, call Alissa at (913) 677-5097 or email [alissa@rosedale.org](mailto:alissa@rosedale.org).

**i** View all our amazing sponsors at [rosedale.org/discgolf](http://rosedale.org/discgolf).



## Experiencing the world of Girl Scouts

By Andrea Steere

Earning badges and selling cookies is just the tip of the iceberg when it comes to Girl Scouts, especially for Rosedale Troop 1685. From field trips to the fire station and LegoLand, to volunteering with animal shelters, and meeting community leaders, Rosedale's Girl Scouts are always busy.

While most famous for selling delicious cookies, at its core Girl Scouts is about "building girls of courage, confidence, and character who make the world a better place." Troop 1685 is doing just that by presenting its members with new experiences to help the girls learn and grow. In 2017 alone, the troop visited the Kansas capital and met Senator Pat Pettey, participated in "Kids in the Kitchen" to learn about fueling their bodies, learned how to create a budget, and saw the Kansas City Ballet perform.

"RDA has given these



ANDREA STEERE

Rosedale Girl Scouts volunteering with Unleashed Pet Rescue in 2016.

[second through sixth grade] girls experiences of a lifetime," Girl Scouts membership manager Courtney Rickert said. "They have gone above and beyond to bring new experiences to these girls."

Rosedale's troop will continue to meet through

the summer, with plans to go horseback riding, volunteer in the community, and even explore career possibilities.

**i** Learn more about joining by contacting Andrea Steere at (913) 677-5097 or email [andrea@rosedale.org](mailto:andrea@rosedale.org).

## Dinner with your Data: Continuing the conversation

By Andrea Steere

On June 23, 2016, more than 60 Rosedalians joined RDA for our "Dinner with your Data" event to review the results of the Rosedale Community Survey. Now it's time to continue that conversation.

Last year the community gathered together and reviewed the community survey data, with small groups discussing each section. After a formal data exhibit presented by Cheryl Gibson, associate professor at the University of Kansas Medical Center, attendees discussed issues like the built environment, community safety, healthy lifestyles, housing, parks and recreation, and transportation.

This summer, RDA will host a follow up event to discuss its



JOHN HORNBECK

Rosedalians discussed issues around parks and transportation at last year's Dinner with your Data event.

work over the past year and to get feedback from the community. RDA needs your help in determining which conversations we should continue, and if there are other issues important to you that need to be examined.

**i** To provide your ideas for this year's event, or to receive updates, email us at [feedback@rosedale.org](mailto:feedback@rosedale.org) or call (913) 677-5097.

## Community Calendar

Every Monday  
**Fisher Park Walking Club**  
5:30-6:30 p.m.  
Fisher Park, 3800 Fisher St., KCK  
**i** Text "FISHERPARK" to 41411 for updates

Tuesday, May 9  
**Frank Rushton Neighborhood Group Meeting**  
6:30-7:30 p.m.; 4326 Lloyd St., KCK

Wednesday, May 10  
**Shawnee Road Neighborhood Watch Meeting**  
7-8 p.m.; 818 Shawnee Rd., KCK

Every Thursday  
**Fisher Park Walking Club**  
1-2 p.m.  
Fisher Park, 3800 Fisher St., KCK  
**i** Text "FISHERPARK" to 41411 for updates

Thursday, May 11  
**Garden Workshop: Intro to Urban Beekeeping**  
6-7:30 p.m.; 1401 Southwest Blvd., KCK

Saturday, May 13  
**KCDPC Health Fair**  
11 a.m. - 2 p.m.  
2016 W. 43rd Avenue, Suite A, KCK

Sunday, May 14  
**Rosedale Farmers Market opening day**  
10 a.m.-2 p.m.  
4020 Rainbow Blvd., KCK

Thursday, May 25  
**7th Annual Bike-In Movie: The Karate Kid**  
7 p.m.; Boulevard Drive-In  
1051 Merriam Ln., KCK

**i** To learn more about upcoming events and other community happenings, visit [rosedale.org](http://rosedale.org) or call 913-677-5097.

### Rosedale Development Association

Working in partnership with residents, businesses, and institutions to build a strong and healthy community and to improve the quality of life for those who live, work, and play in Rosedale.

1403 Southwest Blvd.  
Kansas City, KS 66103  
Phone (913) 677-5097  
Fax (913) 677-3437  
[info@rosedale.org](mailto:info@rosedale.org)  
Monday-Friday, 9 a.m.-5 p.m.

**Erin Stryka** Executive Director  
**Staff and Board of Directors** online at [rosedale.org](http://rosedale.org)  
**Lizzardbrand** Design  
**Facebook.com/RosedaleDevelopment**  
**Twitter.com/RosedaleDA**  
**Rosedale.org**

## Join RDA gardeners and grow a healthy community

By Kimberly Hunter

As long winter nights give way to summer days, gardeners are already gathering regularly in Rosedale. During Saturday morning workdays they share breakfast, sow seeds, paint fences and pull weeds. At evening workshops every second Thursday, they share a potluck, study a skill or tackle a hands-on project. And whenever they gather, they not only grow greens but also cultivate community.

Whether you are an experienced home gardener or a hopeful beginner, RDA has a place for you. On Saturdays from 8 to 11 a.m., RDA organizes a monthly group workday at sites throughout the neighborhood. Every first Saturday, we tend to the 45th & Rainbow community garden (at the corner of W. 45th Ave. and Rainbow Blvd., across from Sunshine Flowers). This site has 35 raised beds, which individual neighbors can rent annually for \$15. A few spaces as well as scholarships are still available, if you would like to join.

If you prefer cooperatively grown plots, where neighbors share both work and harvest, consider joining or volunteering at one of these community gardens:

**South Early St.** works every second Saturday (at the corner of W. 37th Ave.) and rents a few individual beds, too.

**Rosedale Towers** works every third Saturday (at the corner of W. 39th Ave. and Adams St., near the University of Kansas Medical Center).

**Christopher Webb** works every fourth Saturday (at the corner of Minnie and Seminary Streets, behind Crossfit Matters).

Christina Hofer is a new Rosedale resident, Mennonite Voluntary Service member at Kansas City Community Gardens, and a first-time co-

operative gardener at South Early St. She enjoys working alongside her neighbors because "there's something special about working with the employees who helped start this community garden, who watered these very plants — and then going home and getting dirty with the same people who will tend to these plants every day as they grow."

As Christina highlights, RDA often partners with stakeholders, like KCCG and AmeriCorps' Kansas Volunteer Commission, to keep community gardens growing. For more local resources, attend RDA's remaining monthly workshops every second Thursday at 6 p.m. in the Koch Community Center at 1401 Southwest Blvd.

**May 11**  
Intro to urban beekeeping with Kansas Beekeepers Association

**June 8**  
Easy backyard composting with KSU Extension

**July 13**  
Freezing and canning with KSU Extension

**August 10**  
New backyard chicken rules with My City Hens



KIMBERLY HUNTER

Volunteer gardeners help spruce up the community garden and surrounding neighborhood on Minnie St.

**September 14**  
Taste 'n' tour harvest dinner at RDA gardens

**October 12**  
Pickling and fermenting with Fair Share Farm CSA

**November 9**  
Seed Saving 101 with Seed Savers KC

All workshops include a potluck and — if requested in advance — free child care and carpools, too!

**i** To learn more, email [kimberly@rosedale.org](mailto:kimberly@rosedale.org) or call the RDA office at (913) 677-5097.

### RDA Support Form

Name of business or name of household

Address

City

State/ ZIP code

Contact person

Preferred phone

Email address

Please mail form, along with check made payable to:  
Rosedale Development Association, 1403 Southwest Blvd., Kansas City, KS 66103

#### Suggested support levels:

Keystone: \$1,000 and above

Crown: \$750-999

Column: \$250-\$749

Foundation: \$0-\$249

Other: \$