Bloom Pediatrics and Lactation offers membership model

By Sarah Wagggoner

In the Northwood Shopping Center at 47th and Mission Rd., Dr. Lauren Hughes serves the youngest residents of Kansas City at Bloom Pediatrics and Lactation. Open since 2020 and gaining recent local attention as one of the first practitioners to hold open vaccination clinics in both the fall for the 5-11 age group and this summer for those under 5, Dr. Hughes offers a different approach to medical care and pediatrics that set her apart.

“The American healthcare system isn’t intuitive — you often can’t see your provider when you are sick and it leads to overall poor medical care and more visits to the E.R. This might be more convenient for the provider but is worse for the patient,” Dr. Hughes says. This is why Bloom Pediatrics offers a membership model of care, which allows them full access to Dr. Hughes services, including house visits and phone and text access to Dr. Hughes concerning medical needs.

Dr. Hughes is also one of the only MDs who is also a licensed lactation consultant through the IBCLC, and is trained in breastfeeding medicine. She offers her patients lactation support and can help treat and diagnose problems efficiently so that families can focus on feeding.

As a medical professional and mother, Dr. Hughes also encourages all Rosedalians to vaccinate their youth against Covid-19. “I vaccinated my children the moment the vaccinations became available. We are in the middle of a massive surge of new omicron variants and the science is very clear that this is the main protection for kids.” Vaccinations are free and offered daily at Bloom Pediatrics.

“Help RDA provide turbo-charged support to the Rosedale community

By Erin Stryka

This morning I read a book called Unstoppable You to the scholars of the Rainbow Summer Program. The book is about a boy in perpetual motion, who is fueled by friendship and play and food. He takes breaks sometimes but is “turbo-charged” and off and running again as soon as he is rested. Our scholars shared with me the things that turbo-charge them including the slides at Whitmore Playground, their favorite snacks, and especially creating and building things. The list was long.

Even after the tumultuous last two years, Rosedalians are unstoppable. From kids to seniors, we are turbo-charged and ready to work on the issues facing our community. Can you help support RDA’s programs and services with a monthly donation?

Your gifts support:

• Supplies like trash bags and paint for neighborhood cleanups (not to mention dumpster rental!)
• Snacks, water, and space to play for youth sports
• Home repairs for Rosedale seniors, veterans, and people with disabilities
• Rosedale community events like Healthy Halloween or the Luminary Walk
• Scholars working on their reading skills through Rainbow Summer Program

Unstoppable Rosedalians gathering to work on the big and small issues facing our neighborhoods.

Monthly donors keep all this and more going steadily while the pandemic continues and conditions change quickly. Please help RDA tackle the big challenges Rosedale is facing. Visit rosedale.org/donate to set up a recurring donation in any amount, scan the QR code, or send your gift by mail.

Thank you, as always, for supporting your community!

Tell your story with the Humans of Rosedale project

By Sarah Wagggoner

For years RDA has been telling the stories of Rosedalians. From our Good neighbor column in this newsletter to local business highlights on social media, sharing about our neighbors promotes a strong community identity and introduces neighbors to one another.

RDA is excited to continue this tradition through our newest communications project, Humans of Rosedale. This is a storytelling series, focusing on longform interviews with people who work, live, and play in Rosedale. This series is inspired by the highly successful Instagram account Humans of New York, which has gained international acclaim through sharing stories of everyday people.

By reading these stories about other Rosedalians, who often have the same hopes and fears, dreams and desires as you and I do, it helps us to see the humanity and connection between us all. We are looking for volunteers of all ages to sit down with us and share their stories — all you have to do is have a connection to Rosedale, be willing to share your photo taken, and share a little about yourself. The voices of Rosedalians are strong and mighty, and we want to share more about the people that make this community so special.

To volunteer for an interview or to learn more about the Humans of Rosedale project, contact Sarah at sarah@rosedale.org.
Welcome to the team, Sarah Oltvedt!

By Erin Stryka

We’re delighted to welcome a familiar face into the staff team this month. After living in Rosedale for 16 years, volunteering with Rosedale youth programs, and leading the Franklin Nutshell Neighborhood Association, Sarah Oltvedt is now beginning a new position as RDA’s development and events director.

Sarah’s background is in fundraising, event planning, and volunteer coordination. For the last five years she has been teaching elementary school, and now she’s excited to continue serving kids and the community in her new role.

“A very longtime ago I read the phrase, “Think Globally, Act Locally” and I never forgot it. And September, starting at 5 p.m. We will have our first game on Friday August 19, with additional games happening on August 26, September 9, and September 16. You can sign up for a week at a time or all four weeks, depending on your availability. Teams will be selected at random upon arrival and each week’s winning team will have the opportunity to be photographed for a spotlight feature in the October newsletter.

If you are unable to participate, but would like to support RDA, we are accepting donations of bottled water and healthy snacks for the games. These items will be collected in our office, located at 1403 Southwest Blvd., 66103. So, lace up your sneakers, get your game face on, and invite a friend! To sign up, visit bit.ly/RDAkball22.

To learn more about the adult kickball league, please contact Janusie Olver at janusie@rosedale.org.

Rosedale Future Professionals returning this fall

By Alhana’e Franklin

Rosedale Future Professionals (RFP) is returning this fall and is currently accepting applications. For those unfamiliar, RFP is a program that focuses on financial literacy for middle school students and teaches youth how to take control of their financial futures. The program started as a means of filling the gap of financial knowledge youth may not get from traditional schooling.

Throughout the six-lesson program students will learn to create a budget, learn the difference between debit and credit, and distinguish the difference between short- and long-term goals, as well as applying these concepts to make a financial plan for their future. Past participants set goals for saving for college, starting their own businesses, or making major purchases. Students also will receive $10 for every class they attend.

The program will be held inside the Rosedale schools, and will start on September 12 and last for six weeks, ending in November. We will follow all local and state guidelines for COVID-19 restrictions, including but not limited to, staying six feet apart, washing hands upon entering the building and wearing masks throughout the entire session. Sign up today and secure a spot in this amazing program.

To sign up for RFP this fall, visit bit.ly/RFPfall22. To learn more about the program, contact Alhana’e Franklin at ajhanae@rosedale.org.

Roseda Leadership Council

Rosedale Memorial Arch

Rosedale Future Professional coloring placemat

Scan the QR code and purchase Muffin and Bob children’s books online.